Medium ride: 22.8 miles					
Mt. Vernon					
Action	Street	Mileage	Total		
East	Hwy 92	0.5	0.5		
Right	County U	4.7	5.2		
Right	Ridge	2.8	8.0		
Right	County G	1.2	9.2		
Left	County A	0.1	9.3		
Left	County JG	1.3	10.6		
Right	Lee Valley	2.0	12.6		
Right	Perry Center (no sign and be careful - very curvy)	2.0	14.6		
Right	County A	0.1	14.7		
Left	Perry Center	1.9	16.6		
Right	Spring Valley	0.1	16.7		
Left	Perry Center	1.5	18.2		
Left	County JG	1.0	19.2		
Right	Britt Valley	1.6	20.8		
Left	County G	2.0	22.8		

Mt. Vernon

Long Ride: 30.9 miles						
Mt. Vernon						
Action	Street	Mileage	Total			
East	Hwy 92	0.5	0.5			
Right	County U	4.9	5.4			
Right	Nessa Rd	1.5	6.9			
Left	Primrose Center Rd	0.9	7.8			
Right	County O	1.1	8.9			
Left/Straight	Ness Rd	1.8	10.7			
Left	County JG	0.1	10.8			
Right	Lee Valley Rd	5.1	15.9			
Right	Hwy 78	0.9	16.8			
Right	County H	2.9	19.7			
Left	County A	0.4	20.1			
Right	County H	2.0	22.1			
Right	Hwy 78	1.1	23.2			
Right	Blue Valley	2.0	25.2			
Right	Blue Valley	0.7	25.9			
Right	County JG	1.4	27.3			
Left	Britt Valley Rd	1.6	28.9			
Left	County G	2.0	30.9			
Mt. Vernon						

Extra long Ride: 36.3 miles							
Mt. Vernon							
Action	Street	Mileage	Total				
East	Hwy 92	0.5	0.5				
Right	County U	3.1	3.6				
Left (careful, blind corner)	Bowers Rd	0.9	4.9				
Left	Communty Rd	1.0	5.5				
Right	Hwy 92	0.3	5.8				
Right	Peerless Rd	1.0	6.8				
Right	Ridge Rd	1.4	8.2				
Straight	Nessa Rd	1.5	9.7				
Left	Primrose Center Rd	0.9	10.6				
Right	County O	1.1	11.7				
Left/Straight	Ness Rd	1.8	13.5				
Left	County JG	0.1	13.6				
Right	Lee Valley Rd	2.8	16.4				
Left	York Valley Rd	1.8	18.2				
Right	Hwy 39	1.0	19.2				
Right	Hayhollow Rd	1.2	20.4				
Left	Lee Valley Rd	0.9	21.3				
Right	Hwy 78	0.9	22.2				
Right	County H	2.9	25.1				
Left	County A	0.4	25.5				
Right	County H	2.0	27.5				
Right	Hwy 78	1.1	28.6				
Right	Blue Valley	2.0	30.6				
Right	Blue Valley	0.7	31.3				
Right	County JG	1.4	32.7				
Left	Britt Valley Rd	1.6	34.3				
Left	County G	2.0	36.3				
Mt. Vernon							

Short ride: 15.2 miles						
Mt. Vernon						
Action	Street	Mileage	Total			
East	Hwy 92	0.5	0.5			
Right	County U	4.7	5.2			
Right	Ridge	2.8	8.0			
Right	County G	2.6	10.6			
Left	La Follette	1.3	11.9			
Right	Britt Valley	1.3	13.2			
Left	County G	2.0	15.2			
Mt. Vernon						

Print a Map- you are going to need it!

